



## Flu Vaccine Info Sheet

The **efficacy of the flu vaccine** for the 2012-2013 year was only about **9%** in the elderly (over 65) population, which is less than the efficacy of a placebo.<sup>1</sup> According to the **CDC in 2014-2015**, the overall flu vaccine effectiveness against all influenza viruses was **19%**.<sup>2</sup>

A 2008 Lancet study reported **the flu shot did not reduce risk of pneumonia in the elderly**.<sup>3</sup>

**The flu vaccine is the most commonly reported vaccine in the Vaccine Adverse Events Reporting System (VAERS)**.<sup>4</sup> **The flu vaccine is also the most compensated vaccine**. Between 11/16/14 and 2/15/14 (a 3-month period), of 91 cases settled, **74 were for severe injury or death due to influenza vaccination**.<sup>5</sup>

**The flu vaccine has historically been ineffective and the studies on its merit are lacking**. The Cochrane Review, widely considered the gold standard for mainstream medical review, has concluded in every review of the **flu shot for over a decade** that the available **safety/efficacy studies are of extremely poor quality**.<sup>6</sup>

Through their AFIX program, the **CDC rewards doctors who have high vaccination rates**. In effect, **taxpayer funds** are used to incentivize physicians who sell the most vaccines.<sup>7 8</sup>

**Flu deaths are exaggerated** by public health officials as they are **combined with pneumonia deaths** in CDC reports. Data from 2010, reported by the CDC in 2013, lists 50,097 deaths from both diseases, but further investigation reveals this number is **500 from influenza and 49,597 cases of pneumonia**.<sup>9</sup>

Most multi-dose vials of **flu vaccine still contain Thimerosal**, a mercury derivative known to cause neurological damage.<sup>10 11</sup>

There is evidence that **repeated flu shots may blunt the vaccine's effectiveness** in subsequent seasons.<sup>12</sup>

**Influenza vaccines** contain three or four influenza virus strains and are produced using either **chicken eggs or genetically-engineered dog kidney or caterpillar cells**. Influenza vaccines sold by different drug companies contain various ingredients, including non-human protein and genetic materials, polysorbate 80, **Thimerosal**, and other chemicals with unknown side effects.<sup>13 14</sup>

In 1986, the **federal government granted vaccine manufacturers civil immunity** from harm their products cause. However, taxpayers have paid over **\$3.2 billion in compensation to those injured by vaccines**.

1 <http://www.usatoday.com/story/news/health/2013/02/21/flu-vaccine-doesnt-work-over-65/1934651/>

2 <http://www.cdc.gov/flu/news/updated-vaccine-effectiveness-2014-15.htm>

3 <http://www.cidrap.umn.edu/news-perspective/2008/08/study-flu-shots-may-not-protect-elderly-pneumonia>

4 <http://www.nvic.org/vaccines-and-diseases/Influenza/Influenza-Vaccine-Package-Inserts.aspx>

5 <http://vaccineimpact.com/2015/march-2015-settlements-in-vaccine-court-117-vaccine-injuries-and-deaths/>

6 [http://www.cochrane.org/CD001269/ARI\\_vaccines-to-prevent-influenza-in-healthy-adults](http://www.cochrane.org/CD001269/ARI_vaccines-to-prevent-influenza-in-healthy-adults)

7 <http://www.cdc.gov/vaccines/programs/afix/index.html>

8 <http://articles.mercola.com/sites/articles/archive/2012/06/02/bribery-affects-vaccination-rates.aspx>

9 [http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61\\_04.pdf](http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_04.pdf) (see table 10, page 39)

10 <http://www.cdc.gov/flu/protect/vaccine/thimerosal.htm>

11 <http://www.sciencelab.com/msds.php?msdsId=9925236>

12 <http://www.cmaj.ca/content/early/2015/03/02/cmaj.109-5000.full.pdf>

13 [https://www.nvic.org/CMSTemplates/NVIC/pdf/FluBrochure\\_8102013-web.pdf](https://www.nvic.org/CMSTemplates/NVIC/pdf/FluBrochure_8102013-web.pdf)

14 [http://www.immunize.org/packageinserts/pi\\_influenza.asp](http://www.immunize.org/packageinserts/pi_influenza.asp)